



**TSA Curling Club**  
**COVID-19 Return to Play Plan**  
**Version 8 – March 7, 2021**

## Summary of Changes

Version	Changes
Version 2 August 2020	<ul style="list-style-type: none"> <li>- Add Appendix B outlining plan for Junior Curling, Little Rocks Curling, Wheelchair Curling and Learn-to-curl lessons</li> <li>- Added the following to Appendix A – Playing The Game: Only one sweeper on the delivering team can sweep on a given shot. There will be no relaying of sweepers including with the skip/vice-skip. The designated sweeper is the only player that can sweep on a given play. This includes behind the t-line and “raised” or “tapped” rocks. The skip/vice-skip in the house must move to accommodate the incoming sweeper.</li> <li>- Modified coat area to allow no more than two people to enter at a time, and masks must be worn</li> <li>- Added requirement that hand sanitizer be provided at the bar, and must be used prior to taking drinks back to table</li> <li>- Added ice sheet layout to accommodate sheets 4-8 available for use.</li> </ul>
Version 3 September 22 2020	<ul style="list-style-type: none"> <li>- Ice shed images modified to reflect the Board Decision to use sheets 4 through 8 and to not open sheets 1 through 3 at this time.</li> <li>- Add CCA Distancing Illustration</li> </ul>
Version 4 October 26, 2020	Modify mask policy based on board decision and provincial law: <b>“Masks are mandatory at all times in TSA, except when in the ice shed and sitting at a table either downstairs in the lounge or upstairs”</b>
Version 5 November 12, 2020	Modify mask policy based on board decision and provincial law: <b>“Masks are mandatory at all times in TSA, except when in the ice shed and sitting at a table either downstairs in the lounge or upstairs with food or drink in front of you”</b>
Version 6 December 6, 2020	Include Orange Level - Additional Safety Requirements. Special thanks to <b>CATHY &amp; LES for the excellent diagrams.</b>
Version 7 December 11, 2020	Return to Yellow – modification to screening as per Tourism, Heritage & Culture – Sport & Recreation Branch FAQ of Dec. 9 2020
Version 8 March 3, 2021	Updated based on revised Recovery Plan: <a href="https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html#yellow">https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html#yellow</a>

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## Message to Our Members

This Return to Play Plan was developed in accordance with guidelines issued by the Government of New Brunswick, WorkSafeNB and Curling Canada. It was developed by TSA's COVID-19 committee, in consultation with various stakeholders, and approved by the TSA Board. Its focus is on ensuring the safety of our members as fully as possible, while allowing us to return to the game we love and enjoy so much.

The updated NB Recovery Plan for Yellow has some new requirements, and the plan has been updated accordingly.

1. When you arrive at the club, go to your designated table to get ready (as we did before). While getting ready, you will need to wear your mask. **After the game, people can sit at a table and socialize together only within their Household or Steady 15.** It is encouraged that you place your teammates into your Steady 15 group in order to socialize safely after the game. If one of your teammates is not part of the Steady 15 then that person must remain 6 feet away from teammates and opponents.
2. Licensed premises such as a bar or restaurant must ensure all patrons are seated at all times, except to enter and exit the premises and to go to and from washrooms.
3. Occupancy of any facility must be based on a maximum of 50% while maintaining physical distancing between people that are not members of the same household or Steady 15. This means a maximum of 90 upstairs and 75 downstairs. This should not have an impact on regular curling as our limit will be beyond our normal occupancy.

## Staff and General Operations

All staff and volunteers are required to read the Return to Play Plan prior to initially commencing duties at the Club.

Staff and volunteers must not enter the Club if they feel ill or do not satisfy any of the COVID-19 screening requirements.

When bartenders arrive in the building, they must immediately sanitize their hands. They are required to wear a protective mask when serving customers. They must wash their hands prior to serving customers and after coming into contact with cash or other unsanitized items.

## Cleaning & Disinfection Procedures

All common areas will be cleaned and disinfected daily. We will rely on our members and guests to help with the tables and common surfaces.

## COVID-19 Signage

Recommended signage will be posted throughout the facility on screening, proper hand hygiene, respiratory hygiene, and physical distancing.

## Pre-Screening

A modified approach to Active Screening is now required for Organized Sport activities which includes:

- Passive screening using the screening questionnaire must be conducted at home prior to leaving for the activity.
- For activities involving youth, upon arrival at the activity, a volunteer must conduct an additional check by asking the child if the passive screening took place prior to coming to the activity and asking them if they are experiencing any symptoms of COVID-19. If it did not, the volunteer must conduct the screening with the child (parent) prior to their entrance.
  - In addition, the volunteer must request all patrons to sanitize their hands upon entrance to the premises.

Given the current outbreaks, although the screening questionnaire says 1 symptom can be ok, we currently advise that anyone who has a fever of 38 degree Celsius or more not be allowed on premises.

## Entry

All members must enter the building through the front door. We encourage members to take off their gloves, open the door, and sanitize their hands upon entry into the club.

Access to the coat room will be limited to a maximum of two people at a time. A mask must be worn when inside the coat room.

All individuals entering the facility and/or participating in activities must sign a "Assumption of Risk Agreement", a "Declaration of Compliance" and an "Indemnity Agreement".

## Physical Distancing

Our TSA guidelines are based on the current [Government of New Brunswick order](#) that requires people to maintain a 2 metre or "half a house" distance from each other with the exception of **members of the same household or their Steady 15**. Details for the lounge and ice shed are below. Please obey any recommended standing or directional flow signage.

**Masks:** In accordance with provincial law, masks are mandatory at all times in TSA, except:

1. When in the ice shed,
2. **Sitting at a table with members of your household or your Steady 15**

## Contact Tracing

At the beginning of the season, league coordinators must email the team rosters to the General Manager at [tsa@nb.aibn.com](mailto:tsa@nb.aibn.com). If a team member misses a draw, it is incumbent on the member to email [tsa@nb.aibn.com](mailto:tsa@nb.aibn.com) of their absence.

Spares and spectators must provide their names and contact information to the bartender upon arrival.

Bonspiels and funspiels: Coordinators must submit a full roster of all participants and their contact information to the General Manager at [tsa@nb.aibn.com](mailto:tsa@nb.aibn.com), together with the draw schedule.

## Bathrooms

People must wear masks when entering, occupying and exiting communal bathrooms (i.e. bathrooms with more than one stall). We will make use of the upstairs bathrooms as well as the family bathroom on the main floor. **Do not use the bathrooms as change rooms!** If sanitizing or cleaning supplies are low in the bathroom please let the bartender know. Garbage cans will have lids removed to minimize touch points.

A paper towel should be used to turn taps off after use.

Markings have been placed on the floor to indicate where people should stand while waiting to enter a bathroom.

## Lounge

As per the updated Recovery Plan, <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html#yellow>, you may only sit with members of your household or your Steady 15. You may want to include your team members as part of your Steady 15, if possible, so that you may socialize post-games.

We have set up tables for 2 or 4 people, 2 meters apart. Please do not wander or visit other tables.

Hand sanitizer bottles will be placed at each table. Please either wash your hands or use hand sanitizer after every match. When you leave the table, please spray and wipe the tables and chairs.

Hand sanitizer will be provided at the bar. When taking drinks back to your table, especially if delivering a drink to an opposing player, hand sanitizer must be used.

Markings have been placed on the floor to indicate where you should stand while waiting to order from the bar.

We ask that all members try to use electronic methods of payment. When not possible and cash payments are made, bartenders will be required to wash their hands after each such transaction. If tap is not used then the bartender will sanitize the debit machine after each use.

Only one bartender will be working behind the bar at any given time. They will also need to continually clean the serving surface so we ask all members to exhibit patience.

**Water:** the self-serve water jugs have been removed. You may order a glass of water from the bartender. **Better yet!** Bring your own water bottle!

**Popcorn:** the popcorn machine has been removed to discourage sharing of food.

**TV remotes:** these have been removed. If you would like a monitor turned on, please speak to the bartender.

**Viewing matches:** please stand on the marked spots. Please maintain physical distancing and do not congregate too closely by the windows, unless you are with friends or family.

## Locker Rooms

Since it will be difficult to accommodate physical distancing in the locker rooms, we have made the decision to keep them closed at this time. This decision may be revisited as the season progresses, once we have a better sense of total numbers. **For the time being, however, members should come dressed to play. In order to reduce tripping hazards and clutter in the lounge, members are discouraged from bringing equipment bags and multiple brooms.**

## Ice Shed

### **First Draw Flow:**

The first draw will proceed into the lounge. Go to your designated table (tables will be marked Sheet 1, Sheet 3 etc). Leave your coats and outdoor shoes at the table. Each team will choose one side of the table. Please keep your bags to a minimum! You may store extra gear by the tv wall or by the windows if you maintain distancing. Enter and exit the ice shed through your designated door. If you are still socializing when the second draw is done, please use the sanitizer to wipe down the table and chairs, and then move to one of the overflow tables.

**Second Draw Flow:** The second shift should proceed directly upstairs and not enter the lounge. Go to your designated table. Leave your coats and outdoor shoes at the table. At draw time, use one set of stairs to come downstairs and enter the ice shed.

Leagues will be required to match the number of games per draw as closely as possible, to help reduce congestion in the club as much as possible.

### **Sheets in Play**

The season will start with sheets 4-8 flooded and available for curling. **Sheets 1-3 may be flooded at a later time if there is enough demand.**

If a league requires 4 sheets then sheet 6 will not be used.

We will start games at opposite ends to reduce congestion and to facilitate physical distancing. If your match does not go all 8 ends, please ensure that your rocks are left at the appropriate end for the start of the next match.

The graphics below show how to enter the ice shed, where to start and where to stand.

**Shoe cleaner:** Did you know you don't have to touch the handle? Just step lightly and it will start to clean!

**Doors to ice shed:** Use the designated door as shown in the diagrams. We recommend that you use your sanitized bare hands or a clean barrier (e.g. clean kleenex) to open the door, and not your gloves.

**Sweeping:** In accordance with safety recommendations, each team may only use one sweeper. Detailed playing rules can be found in the Appendix.

**Last rock in first end:** The league coordinator will designate who has last rock on the schedule. No coin flips! If playing an unscheduled game, please use a timer to determine last rock (odds or evens).

**Handshakes:** Do not shake hands, bump fists etc. before or after any match, even with gloves on. A broom tap or a tip of the hat will be the new norm this season.

**Rocks:** Clean the rock handles before the start of every game. Do not touch other players' stones. If you switch rocks during the game, clean them again.

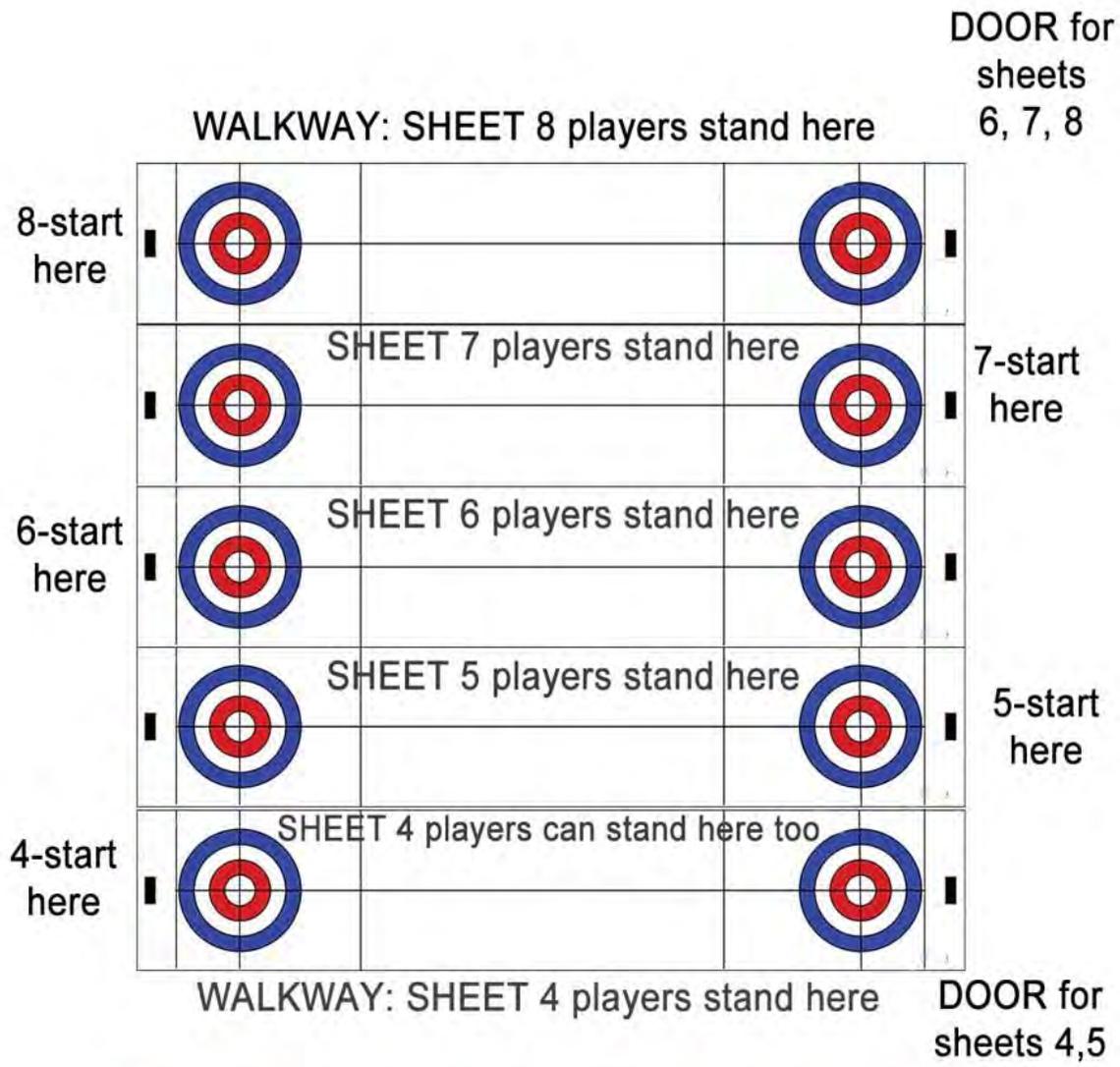
**Scoring:** The mate should use a paper towel or kleenex to handle the score tiles when hanging scores on the scoreboards. At the end of the game, please wipe the score tiles and put them away.

**Measuring:** Remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands.

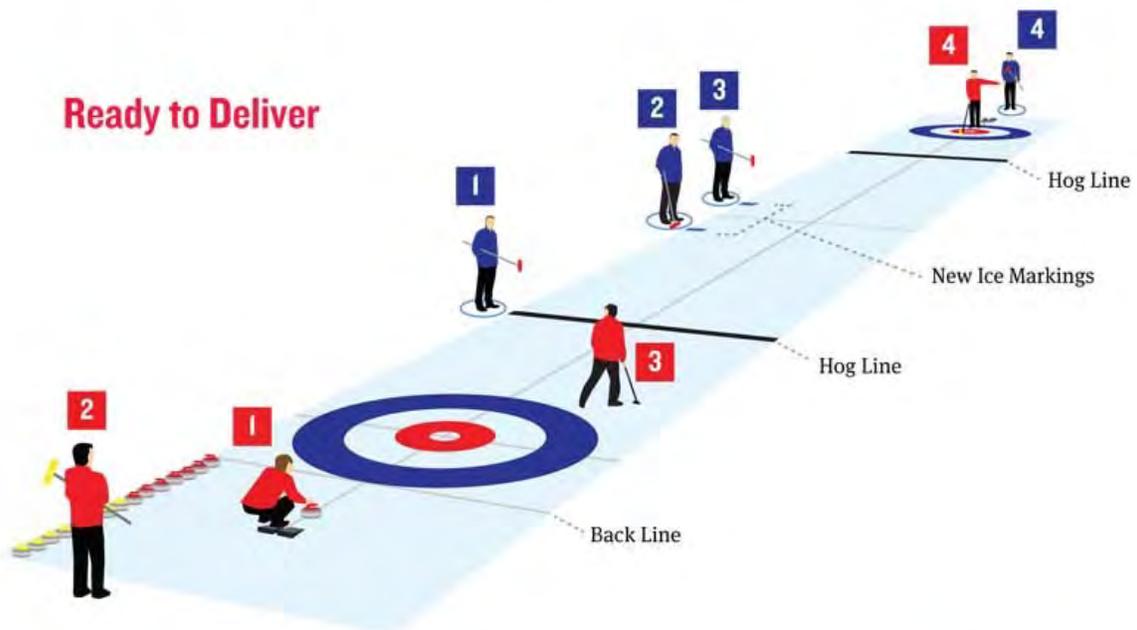
**Club sliders, stabilizers, club brooms:** If you use the club equipment, use the provided sanitizer to clean the shared equipment before and after use.

**Reporting scores:** Mates should email game results to the league's coordinator. If filling out results on a draw schedule, please wash or sanitize your hands after using a pen that is not your own.

Ice Shed Diagram Showing Sheets 4-8 In Play



# Appendix 5: Distancing Illustrations



## APPENDIX A – PLAYING THE GAME

- Instead of a handshake, give a friendly wave or tap brooms to start the game.
- Do not use coins to decide the last stone advantage in the first end. The league coordinators may assign them every game. If not, use a timer or an online tool on your phone: <https://justflipacoin.com/>
- Non-delivering team: players should stay in the designated areas when the opposite team is shooting. See the diagrams above.
- Delivering Team: The skip has control of the house. The player whose turn it is to deliver is in the hack. The non-sweeping player is on the backboards.
- One sweeper only on all delivered stones. No relaying (second sweeper taking over halfway down the sheet). The person in charge of the house is not allowed to sweep under any circumstance. The skip of the non-delivering team must remain in the hack area until all stones come to rest. They are not allowed to sweep the opposition stone behind the tee line.
- Only one sweeper on the delivering team can sweep on a given shot. There will be no relaying of sweepers including with the skip/vice-skip. The designated sweeper is the only player that can sweep on a given play. This includes behind the t-line and “raised” or “tapped” rocks. The skip/vice-skip in the house must move to accommodate the incoming sweeper.
- The skip or mate (both teams) may not sweep any stones (both colours) set in motion by the delivering team.

## APPENDIX B – Little Rocks, Juniors, Learn-to-curl and Wheelchair Curling

- All coaches/instructors are required to wear masks if within two metres. Individuals who may have difficulties maintaining physical distance of two metres at all times, such as youth, should be encouraged to wear a mask. To be clear, wearing a mask still means that distance should be maintained when possible.
- Wheelchair curlers are required to wear masks when delivering stones, as 2 meter distancing cannot be maintained between the two wheelchairs, provided no physical limitations to doing so.
- A maximum of four students/players per sheet plus one coach.
- One parent per child may be permitted on the ice if physical distancing can be maintained and the number of people per sheet is not exceeded.
- Only one parent per child should be allowed to spectate. Consider putting siblings on the same sheet.
- Arrange for all equipment borrowed by participants to be sanitized after each use. Users should also be encouraged to clean the equipment again themselves before use.
- Mark the rocks with stickers, tape, or labels to indicate which rocks “belong” to each participant. As an idea, stickers may match on kids’ brooms and rocks. Coaches will instruct students to use only the rocks they have been assigned. Players within the same household or family cohort will be able to share their equipment.
- After a lesson, it is recommended for adults who are picking up their children to remain in the parking lot until the child leaves the facility. All youth under twelve should be guided by a coach to ensure they find their parents.
- All players will be required to sanitize/wash their hands and ensure physical distancing of at least two meters is maintained with others when leaving the facility to ensure a buffer time with the next set of players entering.

## Appendix C: Orange Level- Additional Safety Requirements

If we are moved into the Orange Level, the following changes will apply. The New Brunswick Curling Association has consulted with government officials and has been advised that curling clubs may resume operation during the Orange Level provided certain extra safety measures are implemented. For the safety of our curling community, we have consulted with the NBCA and studied the government's Recovery Plan (<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/recovery.html>) in developing the following additional Orange Level safety requirements for TSA. These are in addition to the requirements of the existing TSA Curling Club COVID-19 Return to Play Plan.

### Orange level requires:

- Physical distancing of 2 metres always
- Masks must be worn at all times, only exception for sweeping if it is deemed a risk (poor oxygenation)
- Active screening and record keeping
- Clubhouse and locker room must be closed
- Game like practice is allowed
- Two teams of 4 can be assigned for game like practices but the 8 are not interchangeable and must be kept consistent during the Orange level

**All Ice times must be booked through the website <https://tsaplays.ca/>**

**All groups must register their team of 8 members or less to a league coordinator before booking.**

### Before you leave your home:

1. Bring your own water bottle. There will not be water or drinks available.
2. Answer the screening questions. Do not come if you answer YES to any of the following questions.
  - a. Are you experiencing 1 or more of the common symptoms for COVID-19?  
(<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/about-covid-19.html#symptoms>)
  - b. Are you waiting for a COVID-19 test or COVID-19 test results AND have been told you need to self-isolate?
  - c. Have you travelled outside of New Brunswick in the past 14 days (unless exempt from self-isolation)?
  - d. Has an individual in your household returned from outside of New Brunswick in the past 14 days for any reason, and now someone within the household has developed one or more symptoms of COVID-19?

### Entering the building:

1. Your time at the club must be scheduled. The front door will be locked except for scheduled practice time.
2. Do not arrive any earlier than 20 minutes before your scheduled ice time.
3. If there is a line up, wait in your car until the entry area is open.
4. If you are coming for a scheduled practice time and the door is locked, phone the TSA main line at (506) 634-7656 once you arrive in the parking lot.
5. When you enter the building read the screening questionnaire.

6. You will be asked if you answered "YES" to any of the questions. If you have then **you must not enter**. Return home and self-isolate.
7. You will be asked to confirm your name and that you are scheduled to play or practice at that time. The screener will check your name off the list or write your name and phone number in the log.

#### **Getting ready:**

1. If you are on the 4:30 pm or 8 pm or 8:30 pm shift enter the lounge and find a chair that matches the sheet you will be curling on and take the furthest chair. There are no tables available. **Do not move the chairs**. They have been placed 2 metres apart.
2. If you are on the 6 pm or 6:30 pm shift go upstairs to Dufferin Hall and find a chair that matches the sheet you will be curling on and take the furthest chair. **Do not move the chairs**. They have been placed 2 metres apart.
3. Leave your boots/shoes, bag, coat on the chair.

#### **Entering the Ice Shed:**

1. Announcements will be made by sheet when to take the ice. It will begin with sheet 6 and you will enter the right-hand side door to the ice (closest to sheet 8). Please move along quickly but maintaining the 2 metre between curlers especially at boot cleaner. Once all curlers for that sheet are on the ice sheet 4 will be called. Curlers will proceed through the left-hand side door to the ice (closest to sheet 4). Once all curlers for that sheet are on the ice sheet 8 will be called. Curlers will proceed through the right-hand side door to the ice (closest to sheet 8). If coming from upstairs back stairs will be used to go downstairs. The front stairs are to go up only.

**(SEE ATTACHED DIAGRAM)**

#### **Evening bookings:**

1. Everyone must be off the ice in 1 hr 45 mins hours to leave enough time for ice preparation between shifts.
2. Mask wearing is mandatory in the ice shed. The only exception for sweeping is if it is deemed a risk (poor oxygenation).
3. Maintain 2 metre distance between all participants at all times.

#### **Leaving the Ice Shed and Facility:**

1. Respect physical distancing as you exit the Ice Shed.
2. Return to the chair you used to get ready.
3. The bar **will not** be open. Please leave the facility promptly.

#### **Additional Notes Regarding Practice Ice**

Practice ice must be booked in advance **through the website** <https://tsaplays.ca/>

1. A maximum of 45 minutes of practice time will be allowed to provide time for the ice to be prepared for next shift.
2. When you arrive in the parking lot, phone the main TSA number (506) 634-7656 to have the door unlocked.
3. You will be asked if you have read the screening questionnaire.
4. If you answer "NO" to all questions, you will be signed in the logbook.

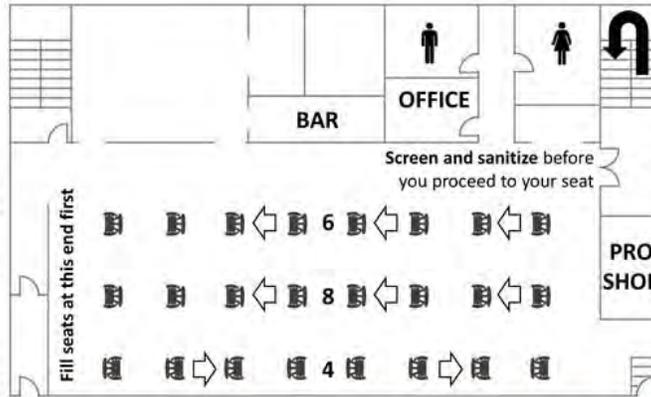
# TSA Orange Level Traffic Flow

## DOWNSTAIRS

Sit in a chair that is in the row with your sheet number

Proceed to the ice only when your sheet number is called

Sheets 6 & 8 enter the ice shed through this door

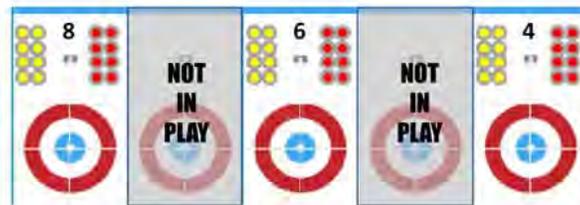


Players with shifts at 6:00, or 6:30 proceed to your seat upstairs

Enter the club with your mask on

Players with shifts at 4:30, 8:00 or 8:30 proceed to your seat downstairs

Sheet 4 enters the ice shed through this door

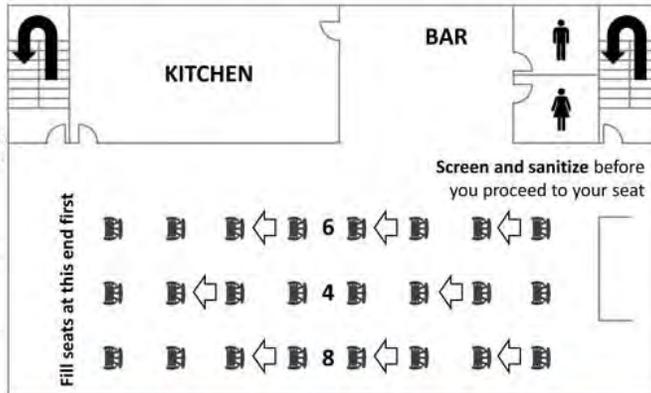


## UPSTAIRS

All sheets proceed to the ice shed using the back stairs

Sit in a chair that is in the row with your sheet number

Proceed to the ice only when your sheet number is called



Players with shifts at 6:00, or 6:30 proceed to your seat upstairs

Screen and sanitize before you proceed to your seat

